

## STUDY OF RHEOLOGY OF YEAST DOUGH WITH PROTEIN-CARBOHYDRATE ADDITIVE

***Svitlana Popova***

*Department of technology in the restaurant sector and the hotel and restaurant business  
Mykhailo Tugan-Baranovsky Donetsk National University of Economics and Trade  
16 Ostrovskiyi str., Kryvyi Rih, Ukraine, 50005  
Rez\_ok@mail.ru*

***Alina Slashcheva***

*Department of technology in the restaurant sector and the hotel and restaurant business  
Mykhailo Tugan-Baranovsky Donetsk National University of Economics and Trade  
16 Ostrovskiyi str., Kryvyi Rih, Ukraine, 50005  
sl-alina.2011@ya.ua*

***Radion Nykyforov***

*Department of technology in the restaurant sector and the hotel and restaurant business  
Mykhailo Tugan-Baranovsky Donetsk National University of Economics and Trade  
16 Ostrovskiyi str., Kryvyi Rih, Ukraine, 50005  
nikradion@yandex.ua*

***Yurii Korenets***

*Department of technology in the restaurant sector and the hotel and restaurant business  
Mykhailo Tugan-Baranovsky Donetsk National University of Economics and Trade  
16 Ostrovskiyi str., Kryvyi Rih, Ukraine, 50005  
yuriy\_korenec@mail.ru*

---

### Abstract

The aim of the studies was the establishing of rational concentration of the dry protein-carbohydrate half-finished product (DPCHF) in technology of yeast dough, received in accelerated way. The dough structural-mechanical properties were studied using Brabender's farinograph and extensograph, the firm-elastic and rheological dough properties at DPCHF presence were also studied. It was established, that DPCHF usage in technological process of yeast dough production gives a possibility to correct the flour and purposefully influence its rheological properties. The rational DPCHF concentration at this stage of research is 15 % for the flour mass.

**Keywords:** dry protein-carbohydrate half-finished product, dry potato additive, yeast dough, structural-mechanical properties, rheological properties.

DOI: 10.21303/2504-5695.2016.00190

© Svitlana Popova, Alina Slashcheva, Radion Nykyforov, Yurii Korenets

---

### 1. Introduction

The problem of bakery enrichment remains topical for today [1, 2]. The prospective direction of its solution is the use of secondary products of milk raw material processing [3, 4].

The accelerated technology of yeast dough with increased biological value was offered [5]. It is based on the use of two additives – dry potato additive (DPA) [5] and dry protein-carbohydrate half-finished product (DPCHF) [6]. DPA, received from the secondary products of potato processing, contains the significant quantity of reducing sugars and favors activation of yeasts in the yeast dough. DPCHF allows enrich bakery with valuable milk protein, pectins, vitamins, essential macro- and microelements.

The double influence of milk protein [7–9] on the yeast dough and ready bakery properties [10, 11] needs the correct approach to the use of this ingredient.

Milk proteins have the high buffer ability that is the essential cause of decrease of the yeast dough fermentation [12, 13]. DPA usage in complex with DPCHF must favor elimination of this problem because it raises the life activity of yeasts, intensifies the process of gasification in dough and provides the increase of its specific volume at fermentation. DPA includes reducing sugars,

necessary for the running of biochemical and microbiological processes. Acceleration of fermentation is also favored by the addition of the significant number of nitrous and mineral substances that improve the yeasts nutrition from DPCHFP. Thus DPCHFP addition to the yeast dough needs the obligatory studies of their influence on rheological properties.

## 2. Materials and Methods

The base of complex researches is the establishing of the optimal DPCHFP concentration depending on the rates of structural-mechanical and rheological parameters of the yeast dough.

For preparation of the control sample the recipe of ferment-free yeast dough according to [14] was used. For the studied samples the recipe of ferment-free yeast dough with addition of DPA at the stage of yeasts activation in quantity 5 % for the flour mass was used [5]. DPCHFP were also added to the samples in quantity 5, 10, 15 and 20 % for the flour mass at the stage of dough mixing. The recipe composition of control and studied samples are presented in the **Table 1**.

**Table 1**

Recipe composition of the studied sample

Raw material name	Raw material consumption, for 1 kg of product in grams				
	Control (recipes collection № 1024)	DPCHFP 5 %	DPCHFP 10 %	DPCHFP 15 %	DPCHFP 20 %
	net	net	net	net	net
Wheat flour of higher quality	641	641	641	641	641
Pressed yeasts	19	18	18	18	18
DPA	–	32	32	32	32
DPCHFP	–	32	64	96	128
Sugar-sand	32	–	–	–	–
Culinary fat	29	29	29	29	29
Dry egg powder (DEP)	34	34	34	34	34
Culinary salt	10	10	10	10	10
Water	258	258	258	258	258

The following sets of flour were used at the research – higher (set № 1) and I quality (set № 2), made by “Khutorok”, country-producer – Ukraine.

Bakery properties of the wheat flour, used at the research, are presented in the **Table 2**.

**Table 2**

Bakery properties of the wheat flour sets

Quality parameters	Sets of flour	
	Set № 1	Set № 2
Moisture, %	13,6	13,9
Gasification ability, cm <sup>3</sup> CO <sub>2</sub> /100 g	1450	1400
Raw gluten content, %	32,2	30,1
Gluten firmness on apparatus VDK-1	59	77
Gluten extensibility, cm	10	15
Acidity, degrees	2,8	2,9

The studied flour sets were characterized by the totality of physical-chemical parameters as the flour with the mean bakery properties, according to the requirements [15].

The structural-mechanical and firm-elastic properties of yeast half-finished products were determined using farinograph® and extensograph®-E, made by «Brabender», Germany. The studies were carried out in laboratories of department of bakery, confectionary, macaroni and food concentrates of Odessa national academy of food technologies (ONAFТ), city Odessa, Ukraine.

«Brabender» farinograph, used for the study of structural-mechanical properties of the dough at mixing, is presented on the **Fig. 1**.



**Fig. 1.** Farinograph “Brabender”

The mixing of dough was made for the control example (flour, water, salt) and also for the studied samples (flour, water, salt, DPCHFP in concentration 5, 10, 15 and 20 % for the flour mass).

The mixing container was filled with 300 g of flour with moisture 14,0 %. The mixing container was closed with cover. The heater was switched on. For determination of hygroscopic capacity of the flour, the mixing engine was switched on for 3 min for heating flour, the cover of mixer was taken off and 2-% NaCl solution was added to the flour from burette in quantity, necessary for creation of dough with consistence 500 units of far. The value of consumed NaCl solution was calculated by burette and expressed in % for the flour mass ( $G_m$ ). This value expressed experimental hygroscopic capacity of the studied flour ( $HC_{exp}$ ). Hygroscopic capacity for the flour of basic moisture (14,0 %) was calculated by the formula (1):

$$HC_{14,0} = HC_{exp} - 100 + 2G_m. \quad (1)$$

For the experiment with studied samples the flour quantity was decreased depending on concentration of additive for the general flour mass together with additive was 300 g.

In combination with farinograph that the dough was mixed on, extensograph «Brabender» (**Fig. 2**), made by Germany was used for further studies. Extensograph was used for determination of wheat flour force – it allows assess the physical properties of the dough at deformation of extension that gives a possibility to make conclusions as to the dough behavior at creaming.



**Fig. 2.** Extensograph «Brabender»

Extensograph also gives a possibility to detect the additive influence on the flour that allows receive the reliable parameters of the flour rheological parameters and correct rheological optimum depending on the set tasks.

The study of rheological characteristics of dough (**Fig. 3**) (effective viscosity and shift tension) was carried out on the rotary viscosimeter Rheotest RN 4.1., made by «RheoTest Messgerate Medingen GmbH», Germany.

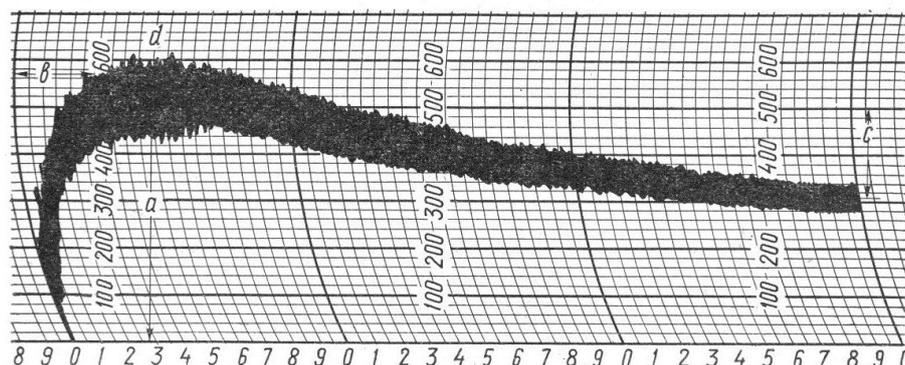


**Fig. 3.** Rotary viscosimeter Rheotest RN 4.1

The study was carried out in laboratory of the Department of technology in the restaurant sector and the hotel and restaurant business of Donetsk National University of Economics and Trade (DonHUET), named after Mykhailo Tugan-Baranovsky, Krivy Rig, Ukraine.

### 2. 1. Experimental procedures

The principle of farinograph action is such that the more resistance of dough against the turning of kneading blades, the more inclination of the electric engine-dynamometer from its initial position. This inclination is transmitted to the recorder. The dough resistance is in direct proportion with the flour force and water quantity, consumed for the mixing. The stronger flour is, the more its hydroscopic capacity and dough consistence in the apparatus units. The example of farinogram is presented on the **Fig. 4**.



**Fig. 4.** Scheme of the dough mixing farinogram: *a* – dough consistence, *b* – duration of dough creation, *c* – dough elasticity and extensibility, *d* – dough stability (steadiness), *e* – dough dilution

The curve, delineated by the recorder of apparatus, is called farinogram, **Fig. 4.**

It represents the following dough properties:

- dough consistence (*a*), units of apparatus;
- maximal value of the lift of farinogram curve;
- duration of dough creation (*b*), min – time, in which the dough consistence reaches its maximum;
- elasticity and extensibility (*c*) – maximal width of curve, units of apparatus. The wider the curve is, the more elastic and tensile the dough is;
- dough stability (steadiness) (*d*) – duration of keeping the maximal dough consistence, min;
- dough dilution (*e*) – decrease of consistence in the final moment of mixing, comparing with the maximal consistence, units of apparatus;

The stronger the flour is, the more *b*–*d* values on farinogram and the less *e* value are.

In combination with farinograph for dough mixing, the further studies were carried out on extensograph «Brabender». This apparatus is used for determination of the dough physical properties by its resistance to the stretching efforts.

The dough was mixed of 300 of wheat flour to the consistence that corresponds to 500 units of farinograph. Then it was divided in pieces of 150 g using the special rounder of extensograph. The dough blanks were formed as the rectilinear cylindrical braid and placed in retainer. The formed blanks were fermented during 45 min. all systems of apparatus were heated to 30 °C according to the requirements: “SST 4111.2-2002 Wheat flour. Dough physical characteristics. Part. Determination of rheological properties by extensograph (ISO 5530-2:1997. MOD)”.

After fermentation (keeping) in the special chambers ( $t=30\text{ }^{\circ}\text{C}$ ) the dough sample in retainer was set on the stretching apparatus. The effort (resistance) that appears at dough stretching is transmitted through the system of levels to the mechanism that recorder is connected to. The registering instrument is switched on synchronously with electric engine. The curve 5 is delineated on the diagram paper that demonstrates the dough resistance against one-axis stretching – extensogram. At disruption of dough braid the registering device is automatically switched off.

Extensograms after 90 and 135 min of dough samples keeping are received in the same way according to ISO 5530-2:1997. MOD (**Fig. 5**).

The following parameters are determined by extensogram:

- energy that is calculated by area. Area is calculated using planimeter, expressed in square centimeters;
- resistance to the stretching (firmness), measured by the extensogram height, stepped back by 50 mm from the start of curve –  $P_e$ , is expressed in units of extensograph;
- extensibility –  $L$ , is measured in mm by the curve length;
- resistance – extensibility ratio.

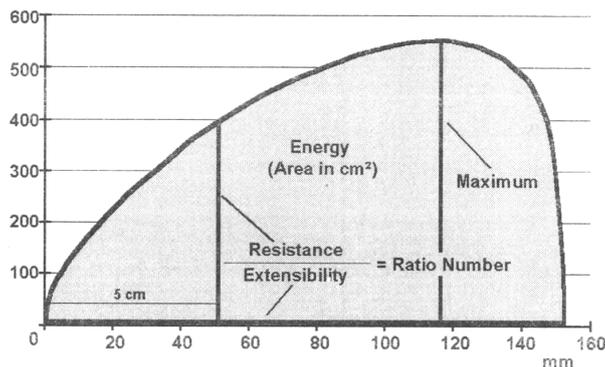


Fig. 5. General appearance of extensogram

At the studies, carried out using rotary viscosimeter Rheotest RN 4.1 the measuring system – cylinder-cone with rotor type S1 was used. The temperature of samples 32 °C was equal on the whole volume, the temperature variations were 0,1 °C during experiment, the samples had the heterogenic consistence. The diapasons of shift speed 0,3–6,5 s<sup>-1</sup> that the viscosity and tension of dough shift were determined at, were set before the start of measuring. The values of shift tension ( $\theta$ ) and system viscosity ( $\eta$ ) were determined during the study depending on the shift speed ( $\dot{\gamma}$ ). The curves of dependence of the shift tension on the shift speed are approximated by Hershel-Bulkley function (2):

$$\theta = \theta_0 + k \cdot \dot{\gamma}^n, \quad (2)$$

where  $\theta$  – shift tension, kPa;  $\theta_0$  – flowability limit;  $k$  – consistence coefficient;  $n$  – flowability rate.

Processing of the results, carried out by the least squares method, allowed receive the dependence of effective viscosity on the shift speed (3):

$$\eta_{E\Phi} = a \cdot e^{\frac{b}{\dot{\gamma}+c}}, \quad (3)$$

where  $\eta_{ef}$  – effective viscosity, Pa·s;  $\dot{\gamma}$  – shift speed, s<sup>-1</sup>;  $a$ ,  $b$ ,  $c$  – empirical coefficients were calculated on the base of received experimental data (Table 4).

### 3. Results

The structural-mechanical and rheological properties of dough half-finished products, of the control and studied sample were studied in the work; the most rational DPCHFP concentration was 15 % for the flour mass.

The results of digital deciphering of the dynamics of yeast dough creation with addition of DPCHFP, formation and destruction of its structure at the process of mechanical processing according to the data of farinograph «Brabender» are presented in the Table 3.

Table 3  
DPCHFP influence on dough creation

Sample name	Hydroscopic capacity, cm <sup>3</sup> /100g	Time of dough creation, min	Parameter name			Dilution during mixing, units of apparatus	Dough consistence, units of apparatus
			Stability, min	Elasticity, min			
Wheat flour (set № 1)							
Control	65	2,5	2,8	71	55	500	
15 % DPCHFP	71	3,0	4,0	79	45	500	
Wheat flour (set № 2)							
Control	55	1,5	1,5	60	40	500	
15 % DPCHFP	63	2,0	3,0	67	32	500	

The results of digital deciphering of extensogram are presented in the **Table 4**.

**Table 4**  
DPCHFП influence on the dough properties according to Brabender's extensograph

Sample name	Resistance of stretching (elasticity) $P_e$ , units of ext	Extensibility L, mm	Energy, $cm^2$	Ratio of stretching resistance to extensibility $P_e/L$
<b>Wheat flour (set № 1) After 45·60 s fermentation</b>				
Control	620	169	81,1	3,6
15 % DPCHFП	690	165	89,3	4,2
<b>After 90·60 s fermentation</b>				
Control	600	178	78,0	3,3
15 % DPCHFП	640	172	85,9	3,7
<b>After 135·60 s fermentation</b>				
Control	570	197	67,5	2,8
15 % DPCHFП	610	191	78,3	3,2
<b>Wheat flour (set № 2) After 45·60 s fermentation</b>				
Control	630	170	76,5	3,7
15 % DPCHFП	670	164	82,5	4,1
<b>After 90·60 s fermentation</b>				
Control	540	181	70,5	2,9
15 % DPCHFП	580	174	77,8	3,3
<b>After 135·60 s fermentation</b>				
Control	530	184	65,0	2,8
15 % DPCHFП	570	176	73,6	3,2

In the **Table 5** are presented the experimental results of the study of effective viscosity  $\eta_{ED}$  and the tension of dough samples shift  $\theta$  depending on the shift speed.

**Table 5**  
DPCHFП influence on the changes of effective viscosity and shift tension depending on the shift speed

Shift Speed, 1/s	Control		DPCHFП 15 %	
	Effective viscosity, Pa·s	Shift tension, Pa	Effective viscosity, Pa·s	Shift tension, Pa
0,33	7350	2460	8920	3060
0,88	4800	4210	5710	5020
1,32	3810	5040	4830	6390
1,83	2890	5300	4250	7530
2,34	2420	5660	3550	8470
2,85	2210	6300	3340	9520
3,36	2060	6940	3070	10300
3,87	2000	7720	3050	10680
4,38	2030	8300	3030	11100
4,89	1740	8520	2620	11100
5,43	1530	8470	1840	10930
5,92	1300	8250	1580	10740
6,44	1170	7970	1210	10400

The aforesaid studies established that the better rates of structural-mechanical dough properties are typical to the samples with DPCHFП concentration 15 %. Thus, we find it expedient to add DPCHFП in quantity 15 % for the flour mass because such concentration does not worsen organoleptic parameters, improves structural-mechanical and rheological properties of the dough.

It was proved, that the studied samples of dough with DPCHFP have the stable structure that provide the absence of dough sticking on the working organs of technological equipment.

#### 4. Conclusions

The elaborated accelerated technology of yeast dough using DPCHFP allows organize the output of wide assortment of products at enterprises of small capacity such as mini-bakeries, flour workshops in super-markets and at restaurant enterprises. And the chemical composition of additive allows also increase the food and biological value of the ready products.

In further researches it is planned to establish DPCHFP influence on rheological properties of dough at its fermentation and also to study the consumption properties of products, prepared by accelerated technology adding DPCHFP.

---

#### References

- [1] Hager, A.-S., Zannini, E., Arendt, E. K. (2012). Formulating breads for specific dietary requirements. *Breadmaking*, 711–735. doi: 10.1533/9780857095695.4.711
- [2] Lebedenko, T. E., Kozhevnikova, V. O., Sokolova, N. Yu. (2015). Modern ideas about the nutritional value of bakery products. The main directions of their correction. *Grain products and mixed fodders*, 2 (58), 19–25. doi: 10.15673/2313478x.58/2015.46011
- [3] O'Regan, J., Ennis, M. P., Mulvihill, D. M. (2009). Milk proteins. *Handbook of Hydrocolloids*, 298–358. doi: 10.1533/9781845695873.298
- [4] Singh, H. (2016). Functional Properties of Milk Proteins. Reference Module in Food Science. doi: 10.1016/b978-0-08-100596-5.00934-3
- [5] Popova, S. Ju., Nykyforov, R. P., Slashcheva, A. V. (2015). Pre-activation optimization of the yeast. *Technology audit and production reserves*, 5 (4 (25)), 29–35. doi: 10.15587/2312–8372.2015.51760
- [6] Korshunova, G. F., Nykyforov, R. P., Gnitsevich, V. A. (2007). Sposib otrimannya suhoyi sumishi. Pat. 27201. MPK CA23C 23/00, u200705242; declared 14.05.2007; published 25.10.2007, Bul. 17.
- [7] Hadiyanto, Asselman, A., Straten, G. van, Boom, R. M., Esveld, D. C., Boxtel, A. J. B. van. (2007). Quality prediction of bakery products in the initial phase of process design. *Innovative Food Science & Emerging Technologies*, 8 (2), 285–298. doi: 10.1016/j.ifset.2007.01.006
- [8] Ronda, F., Pérez-Quirce, S., Villanueva, M. (2017). Rheological Properties of Gluten-Free Bread Doughs: Relationship With Bread Quality. *Advances in Food Rheology and Its Applications*, 297–334. doi: 10.1016/b978-0-08-100431-9.00012-7
- [9] Sanz, T., Salvador, A., Hernández, M. J. (2017). Creep–Recovery and Oscillatory Rheology of Flour-Based Systems. *Advances in Food Rheology and Its Applications*, 277–295. doi: 10.1016/b978-0-08-100431-9.00011-5
- [10] Heertje, I. (2014). Structure and function of food products: A review. *Food Structure*, 1 (1), 3–23. doi: 10.1016/j.foostr.2013.06.001
- [11] Kinsella, J. E. (1987). Physical Properties of Food and Milk Components: Research Needs to Expand Uses. *Journal of Dairy Science*, 70 (11), 2419–2428. doi: 10.3168/jds.s0022-0302(87)80304-1
- [12] Kneifel, W., Paquin, P., Abert, T., Richard, J.-P. (1991). Water-Holding Capacity of Proteins with Special Regard to Milk Proteins and Methodological Aspects-A Review. *Journal of Dairy Science*, 74 (7), 2027–2041. doi: 10.3168/jds.s0022-0302(91)78373-2
- [13] Dotsenko, V. F., Ischenko, T. I., Shidlovska, O. B., Ivahno, O. O. (2006). Method of production of dietary wheat bread. Pat. 104091, MPK A21D 8/02, a 2012 12522; declared: 02.11.2012; published 25.12.2013, Bul. 24.
- [14] Zdobnov, A., Tsyiganenko, V. (2008), A collection of recipes food and cooking products for public catering enterprises. Kyiv, 680.
- [15] Flour. Specifications 46.004-99 (1999). The State Consumer Standards of Ukraine, 9.